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| **Sandwell Aquatics Club Championships** | | | |
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| **Commonwealth Games Test Event** | | | |
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| **Sandwell Aquatics Centre, Saturday 30th April 2022** | | | |
|  |  |  |  |
| **Name of Swimmer** | **Swim England Number** | **Date of Birth** | **Age at End of Year** |
| **Event** | **Entry time** |  |  |
|  |  |  |  |
| 50m Butterfly |  |  |  |
| 100m Butterfly |  |  |  |
| 50m Breast Stroke |  |  |  |
| 100m Breast Stroke |  |  |  |
| 50m Backstroke |  |  |  |
| 100m Backstroke |  |  |  |
| 50m Freestyle |  |  |  |
| 100m Freestyle |  |  |  |
| 200m Individual Medley |  |  |  |
|  | Programme of events |  |  |
| Boys | 9 - 10 | Free Style | 50 m |
| Girls | All ages | Breast Stroke | 100m |
| Boys | All ages | Backstroke | 100m |
| Girls | All ages | Butterfly | 50m |
| Boys | All ages | Breast Stroke | 50m |
| Girls | All ages | Backstroke | 50m |
| Boys | All ages | Butterfly | 100m |
| Girls | All ages | Free Style | 100m |
| Boys | All ages | Free Style | 50m |
| Girls | All ages | Individual Medley | 200m |
| **Break** | **14.00 - 14.15 Approx.** | **Meet the Star - Alice Dearing** |  |
| Girls | 9 - 10 | Free Style | 50 m |
| Mixed | All ages | Breast Stroke | 100m |
| Girls | All ages | Backstroke | 100m |
| Boys | All ages | Butterfly | 50m |
| Girls | All ages | Breast Stroke | 50m |
| Boys | All ages | Backstroke | 50m |
| Girls | All ages | Butterfly | 100m |
| Boys | All ages | Free Style | 100m |
| Girls | All ages | Free Style | 50m |
| Boys | All ages | Individual Medley | 200m |
|  |  |  |  |
| **All events to be age at end of year, coaches to determine whether 9/10 years can swim this event, selected swimmers can swim other events, Stage 5, 6,7 & 8 who are under age can swim during warm up under supervision of coaches & officials with helpers in pool to assist. Should entry times be required, please talk to your coach/teacher** | | | |
| **Licence conditions state that all entrants must be members or dual members of Sandwell Aquatics Club by 31st March 2022 to allow time for this to be processed by Swim England** | | | |
| **Entries can be submitted by hand (to Alison or Keith at Langley Pool) or by email & close at midnight on 8th April 2022** | | | |
| **Entry Fee £5 per swimmer (to include T-shirt, please state size required** | | **T-Shirt Size** |  |