***Worcester Winter League – Round***

 (Under ASA Laws and ASA Technical Rules of Swimming)

 Venue:

 Pool Length:

 Date:

 Warm Up:

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| ***Teams*** | ***Lane 1*** | ***Lane 2*** | ***Lane 3*** | ***Lane 4*** | ***Lane 5*** | ***Lane 6*** |  |
|  |  |  |  |  |  |  |
| ***IM RELAY ORDER*** | ***BACK - G*** | ***BREAST - B*** | ***BREAST - G*** | ***FLY - B*** | ***FC - G*** | ***FC - B*** |  |
|  | ***Event*** | ***Swimmers Name*** | ***Splits*** | ***Time*** | ***Position*** |
| ***50*** | ***100*** |
| 1 | Mixed 11/U 6 x 1 Medley Relay |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 2 | G 15/U 100m Freestyle |  |  |  |  |  |
| 3 | B 15/U 100m Freestyle |  |  |  |  |  |
| 4 | G 13/U 100m Backstroke  |  |  |  |  |  |
| 5 | B 13/U 100m Backstroke |  |  |  |  |  |
| 6 | G OPEN 100m Butterfly |  |  |  |  |  |
| 7 | B OPEN 100m Butterfly |  |  |  |  |  |
| 8 | G 11/U 50m Freestyle |  |  |  |  |  |
| 9 | B 11/U 50m Freestyle |  |  |  |  |  |
| 10 | Mixed 15/U 6 x 1 Medley Relay |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 11 | G 13/U 100m Butterfly |  |  |  |  |  |
| 12 | B 13/U 100m Butterfly |  |  |  |  |  |
| 13 | G OPEN 100m Backstroke |  |  |  |  |  |
| 14 | B OPEN 100m Backstroke |  |  |  |  |  |
| 15 | G 11/U 50m Backstroke |  |  |  |  |  |
| 16 | B 11/U 50m Backstroke |  |  |  |  |  |
| 17 | G 15/U 100m Butterfly  |  |  |  |  |  |
| 18 | B 15/U 100m Butterfly |  |  |  |  |  |
| 19 | G 13/U 100m Breaststroke |  |  |  |  |  |
| 20 | B 13/U 100m Breaststroke |  |  |  |  |  |
| 21 | Mixed OPEN 6 x 1 Medley Relay |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 22 | G 11/U 50m Butterfly |  |  |  |  |  |
| 23 | B 11/U 50m Butterfly |  |  |  |  |  |
| 24 | G 15/U 100m Breaststroke |  |  |  |  |  |
| 25 | B 15/U 100m Breaststroke |  |  |  |  |  |
| 26 | Mixed 13/U 6 x 1 Medley Relay |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 27 | G OPEN 100m Freestyle |  |  |  |  |  |
| 28 | B OPEN 100m Freestyle |  |  |  |  |  |
| 29 | G 11/U 50m Breaststroke |  |  |  |  |  |
| 30 | B 11/U 50m Breaststroke |  |  |  |  |  |
| 31 | G 15/U 100m Backstroke |  |  |  |  |  |
| 32 | B 15/U 100m Backstroke |  |  |  |  |  |
| 33 | G 13/U 100m Freestyle |  |  |  |  |  |
| 34 | B 13/U 100m Freestyle |  |  |  |  |  |
| 35 | G OPEN 100m Breaststroke |  |  |  |  |  |
| 36 | B OPEN 100m Breaststroke |  |  |  |  |  |
| 37 | Mixed 11/U 6 x 1 Freestyle Relay |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 38 | Mixed 15/U 6 x 1 Freestyle Relay |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 39 | Mixed 13/U 6 x 1 Freestyle Relay |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 40 | Mixed OPEN 6 x 1 Freestyle Relay |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  | ***FINAL POINTS*** |  |  |  |  |  |  |  |

11/U to swim 2 Lengths of a 25 Metre pool, 1 Length in longer pools.

All other Age-Groups to swim 100 Metres.

Mixed relays to be swum in in the order Girl/Boy etc…

***6 x 1 Medley Relay Order as follows:***

Girl-Back, Boy-Breast, Girl-Breast, Boy-Butterfly, Girl-Freestyle, Boy-Freestyle

Final Results:

1st

2nd

3rd

4th

5th

6th